Preview Shortcuts

Start/Stop Standard Preview - Spacebar
RAM Preview - Control+0
Preview Audio - Control+. (period key)
Take Snapshot - Shift+F5/F6/F7/F8
Display Snapshot - F5/F6/F7/F8

Time Navigation Tips

Go to a Specific Time - Option+Shift+J
Go to Beginning of Work - Shift+Home
Go to End of Work - Shift+End
Go to Previous Item in Ruler - J
Go to Next Item in Ruler - K
Go Forward One Frame - Page Down
Go Forward Ten Frames - Shift+Page Down
Go Backward One Frame - Page Up
Go Backward Ten Frames - Shift+Page Up
Scroll to Current Time - D

Tool Shortcuts

Selection Tool - V
Hand Tool - H
Zoom In Tool - Z
Zoom Out Tool - Option+Z
Rotation Tool - W
Roto Brush Tool - Option+W
Camera Tools - C
Brush - B
Type Tools - Command+T
Pen Tools - G
Puppet Tools - Command+P

Panels/Layers Shortcuts

Select All - Command+A
Deselect All - Command+Shift+A
Rename Layer - Press Enter on a Selected Layer
Duplicate Layer - Command+D
Undo - Command+Z
Redo - Command+Shift+Z

Note: Do NOT Use Number Pad for the Aforementioned Shortcuts